

Once your diagnosis has been established, at Continental, we have an excellent support team consisting of our designated physician assistants and nurses.

We carry out genetic mutation studies for inflammatory bowel disease, as there are many mutations in this condition.

We carry out family counselling to exclude if a parent, sibling or child has the disease.

Our expert team will follow you up carefully to ensure that you do not develop the known complications from this disease.

Diagnosis of Colorectal cancer In India, 7.2 per 100,000 men in the population and 5.1 per 100,000 women are affected by colorectal cancer. Colorectal cancer ranks within the top 4 deadliest cancer cancers in India. Once the diagnosis of colorectal cancer is confirmed after the biopsy, our pathologists will carry out sophisticated tests to provide the results to our multidisciplinary team who will discuss every case and plan the treatment.

This would be explained in detail to the patient and family. Staging of the disease will be undertaken using all the available facilities in our state of the art facility at Continental Hospital.

The treatment may involve surgery, chemotherapy, radiotherapy, immunotherapy or a combination depending on the stage of the cancer and if it has spread to other parts of the body. In such instances, guided by genetic studies, our experienced medical oncologists would offer personalized medicine



Emergency	+91 84980 81000
Appointments / General Information	+91 40 6700 0000
Health Check Department	+91 84980 83000
Radiology Services	+91 84980 73000
Centralised Report Dispatch Unit 9:00 AM - 6:00 PM	+91 84980 76000
Pharmacy	+91 40 6700 0444

☎ 040 67 000 000 📞 040 67 000 111

Plot No. 3 • Road No. 2 • IT & Financial District • Gachibowli • Hyderabad • 500 035

Visit us
continentalhospitals.com
info@continentalhospitals.com

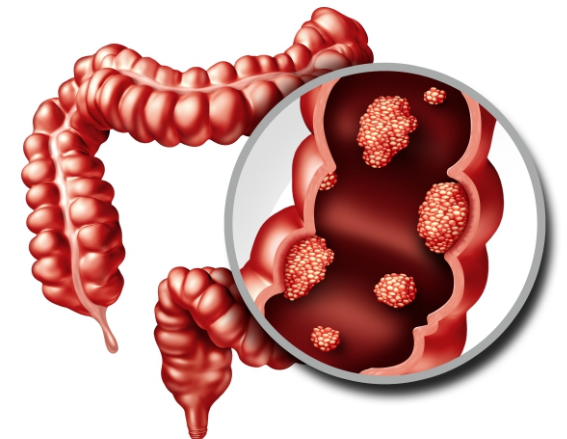
Follow us on: [in](#) [fb](#) [ig](#) [x](#) [yt](#)
linktr.ee/continentalhospitals

Comprehensive
**CONTINENTAL
 CANCER -CENTRE**
From Prevention to Palliative

**CANCER PREVENTION
 STAY AHEAD OF CANCER**

**EARLY DETECTION
 BETTER OUTCOMES**

**COLORECTAL
 CANCER**



**DEPARTMENT OF
 CANCER PREVENTION AND
 EARLY CANCER DETECTION**

COLORECTAL CANCER

- It is a cancer which arises from COLON/RECTUM This cancer arises from polyps which are like grapes arising from within the colon, sometimes occurring in families.
- These polyps May be initially benign and over time can become cancerous. Colon cancer is CURABLE if detected early.
- Our recommendation is per international guidelines- Start screening at 45 years and earlier at 40 if there is family history, known genetic

CONDITIONS

- Incidence of Colorectal cancer is rising globally in younger age group In those with African ancestry, \ incidence of colon cancer is higher.
- Risk factors in Colorectal Cancer;
- At age 50 or older , risks increase for developing colorectal cancer

SMOKING

- Obesity, overweight
Physically inactive, sedentary life style

TYPE 2 DIABETES

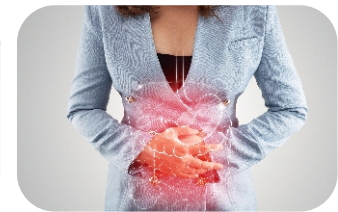
- Long standing Inflammatory bowel disease (Crohn's disease, ulcerative colitis)
- Those known to have genetic mutations eg Lynch syndrome
- Increased alcohol intake, red meat intake
- family history of colorectal cancer



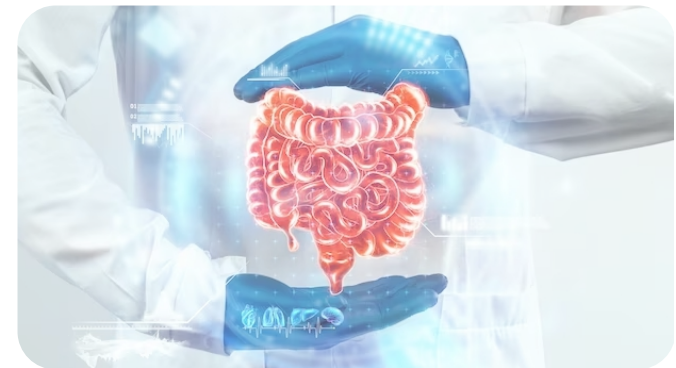
How can you reduce your risks and prevent development of colorectal cancer

- Quit smoking or reduce drastically
- Do not indulge in intake of processed meat, reduce red meat intake, increase intake of fresh fruits and vegetables Maintain a healthy weight, active daily exercises, do not lead a sedentary life style Increase intake of fiber, whole grains Undergo regular screening as advised by your health care provider
- Commence screening at an earlier age if you have family history as advised by your health care provider.
- At Continental Hospital, our expert team of gastroenterologists, senior clinical oncologists specializing in the management of colorectal cancer from early detection to prevention, treatment and active surveillance would be happy to take care of you.
- What are the tests available at Continental Hospital for Colorectal cancer screening and management ?
Stool tests- faecal immuno chemical test (FIT)
Colonoscopy, biopsy of suspicious lesions
Full laboratory profile, Genetic studies, Biomarkers, **liquid biopsy**

CT scans, CT colonography, PET scans for staging, MRI when indicated in our state of the art facility, Genetic counselling:



- **Continental Hospital offers programme for managing patients with inflammatory bowel disease (Crohn's disease, ulcerative colitis) Our Gastroenterology team headed by Dr Guru N Reddy, have a special interest in inflammatory bowel diseases. Once the diagnosis has been established, We have an active surveillance programme.**



WE CARE FOR YOU